

Physical Education

Year group: 5/6

Term: Cycle A Spring 1

Prior knowledge

Pupils will have knowledge of movement through improvisation, introducing unison and matching. Pupils will have created characters and added drama and emotion to the dance. Pupils can extend their dance skills by using more complex interacting movements, actions and incorporate apparatus.

National Curriculum Objectives

- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Perform dances using a range of movement patterns



Topic overview Dance - Carnival



The unit of work will challenge pupils to experience dances from different cultural traditions. Pupils will develop group movements selecting and applying choreography into a performance. Pupils will continue to use their bodies to perform technical movements with control and rhythm.

By the end of this unit, I will be able to:

Physical - Pupils will perform with clarity, fluency, accuracy and consistency as part of a big group. Pupils will always perform with high energy.

Cognitive - Pupils will make effective evaluations of an individual, pairs' or groups strengths and weaknesses. Pupils will reflect on their own performances.

Social - Pupils will consistently apply life skills such as respect and trust as they work successfully with others to execute their sequences and group performance.

Wellbeing - Pupils will demonstrate effective responsibility as they work with less able pupils and create movement ideas to improve the quality of their work.

Key vocabulary

- Applying choreography
- Routine
- Technical movements
- Control
- Rhythm
- Review
- Describe evaluate
- Rehearse